

Grapevine-Colleyville ISD School Health Advisory Council

Meeting Minutes

Alamo Room

5800 Colleyville Ave.

Colleyville, TX

April 10, 2019

All members below are Parents except where denoted.

Members Present: Dida Abrahams; Joy Arita; JoAnna Avakian; Tine Beene; Amy Blueitt; Toni Bourgeois (District); Jennifer Brown; Sarah Burey; Melissa Critz; Tanginika Cuascud (Parent, Chair); Jennifer Dagnan; Jennifer Ditto; Kathy Galloway; Tisha Ghormley; Tonia Goin; Rachel Harper (District); Emberly Hill; Megan Holladay (Parent, Co-Chair); Staci Houglan; Amy Howard (District, Director of Health Services); Valerie Kunert; Summer Little; Mindy Matlock; Camille Matthews (District); Bridget Moore; Mary Newlun (District); Allison Orlor; Tracie Papadakis; Stephanie Pulley; Julie Robertson; Joe Sanchez; Jennifer Shepherd; Christy Spivey (Parent and Secretary); Jennifer Stehling; Danna Swartz; Alex Thomas; Nicki Tieken; Julie Touchstone; Joe Troutman; Allison Wendler; Stephanie Williams

Members Absent: Stacey Amerson; Catherine Bethards; Laura Brookover-Ybarra (District); Anita Clayton (District); Meredith Coleman; Robin Davis (District); Jennifer Lemke; Vicky Mobley; Ozioma Olowu (M.D.); Lindsey Pettigrew; Larissa Poveda; Jennifer Richards; Julie Rockaway; Rebecca Rodriguez; Mike Sexton; Robin Thomas-Weier; Heather Turrentine; Tony Zahn (District)

Visitors Present: Brigitte Calihan, Eric Husin, Charlene Kaase, Erin Karper, Jennifer Marks, Clay Williams

1. Welcome and Opening Remarks

- A. Members and visitors signed in.
- B. The Meeting was called to order at 8:33 by Tanginika Cuascud, motion by Staci Houglan and seconded by JoAnna Avakian.
- C. The meeting agenda was approved, motion by Julie Touchstone and seconded by JoAnna Avakian.

1. Open Forum

- A. No one chose to speak.

2. Parent Education Night

- A. Amy Howard announced “A Conversation with Grapevine Police Officers about Vaping, Drugs, and Other Current Trends” on Thursday, April 25 at 6pm in the GCISD Board Room, 3051 Ira E. Woods Ave.

3. Student and SRO Relationships

- B. Student Advocates, PE teacher, and SROs were present to advocate replacing All-Stars with their own collaborative program to guide 6th graders toward social, emotional, and physical health. This is part of Health TEKS for 6th grade. Slides presented are embedded below. Double-click to view all slides.



- C. All-Stars is a weekly program presented by people the students don't know. The new program will be spread out throughout the course of the year and presented by people that students know.
- D. Parent asked about getting a student advocate at CMS, as there has not been one for the last couple of years; Emberly asked those interested in helping to get one to contact her.
- E. SRO spoke about the impact of SROs being in the classroom team-teaching and building relationships with students.
- F. GCISD was the first district in Texas to put the high school program Police Encounters in place.

2. Parent Health Awareness

- A. Amy Howard spoke about article put out by American Academy of Pediatrics about sugary drinks. Recommendation for added sugar is 10% of calories, and right now we are at 17%. Added sugar is linked to tooth decay, diabetes, obesity, and heart disease. See healthchildren.org for newsletters.

AAP Article:

<https://www.healthychildren.org/English/news/Pages/Endorcement-of-Policies-to-Reduce-Consumption-of-Sugary-Drinks-by-Kids.aspx>

<https://pediatrics.aappublications.org/content/143/4/e20190282>

- B. Parent asked if we are selling sugary drinks at school; Director of Nutrition added that district follows strict federal regulations and current drinks such as slushies do not have added sugar. Parents can add limitations to their student account so that students do not consume certain items.

1. By-Law Committee Progress Update

- A. Julie Touchstone, chair of by-laws subcommittee, presented updates. This includes creation of 3 new executive board positions, including Parliamentarian, Communication/Education, and Membership.
- B. Membership section of by-laws is the main section that still needs work; still trying to finalize what equal representation will look like for our district.
- C. Reviewed term limits section; much discussion and opposition arose about new suggestion to have members serve for two years and then step down for one before being eligible to serve for another two years.
- D. Amy Blueitt made a motion to accept by-laws as written, but excluding Section 3 on Terms of Service and have new by-law committee address that; Tisha Ghormley seconded that motion.
- E. Joe Troutman made a point of order; since we are overhauling by-laws and not making isolated changes, adopting by-laws as is may be problematic. Alex Thomas commented that maybe we should slow down. Another member asked for more than a short presentation before vote is made. Suggestion was made to vote on approving three additional executive board positions but table the rest of the by-laws.
- F. Tisha Ghormley made a point of order; by-laws is a living document and more changes can be made by new subcommittee
- G. Amy Blueitt made an amendment to original motion to withdraw motion.
- H. Staci Hougland made motion to vote only on Article 4 to add new board positions; Melissa Critz seconded. Motion was passed.

2. Elections

- A. Reviewed descriptions of executive board positions
- B. Tisha Ghormley made a recommendation to take one position at a time to vote, so that if someone was not elected for a position they can have the option to run for other positions. After discussion it was decided against.
- C. Stephanie Pulley nominated self for Membership Chair
- D. Tisha Ghormley removed self as nominee for Chair and nominated self for Parliamentarian
- E. Jennifer Bargy self-nominated for Communications
- F. Tina Beene self-nominated for Membership
- G. Jennifer Stehling nominated Dida Abrahams for Membership
- H. Dida Abrahams removed herself as nominee for Membership
- I. Votes were cast on paper ballots and counted.
- J. New Executive Board was announced:
 - A. Chair: Julie Touchstone
 - B. Vice Chair: JoAnna Avakian
 - C. Secretary: Kathy Galloway
 - D. Membership: Stephanie Pulley
 - E. Education/Communications: Jennifer Bargy

F. Parliamentarian: Tisha Ghormley

3. Next Meeting

Fall 2019

4. Adjournment

The meeting was adjourned at 10:42 by Dr. Tanginika Cuascud (Chair)

Respectfully Submitted,

Christy Spivey
Secretary
SHAC